

be Albanac

A MONTHLY PUBLICATION OF ST. ALBAN'S EPISCOPAL CHURCH 5930 Warriors Trail, Bovina, Mississippi www.stalbansbovina.org

May 2015



Alleluia! Christ is Risen. The Lord is Risen Indeed, Alleluia!

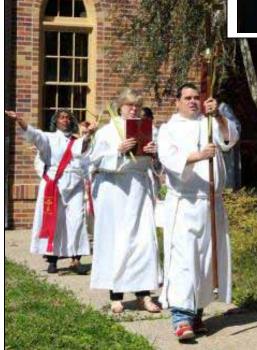
Palm Sunday















Easter Vigil

















Easter Sunday















Pillie's Corner



True Confessions of a Poor Time Manager

I still remember the first appointment calendar book that I ever owned. I was a junior in high school, 17 years old, when my uncle gave me a spiral-bound 1964 Date Book. I was very impressed with myself as the owner of such a book because I believed that filling in the blocks with all my important commitments made me important. So I began to fill-in the blanks—club meetings, choir practice, play practice, school assignments, travel, movies, shopping. I recall I even filled in church on Sundays. I wanted every date block to be filled in. I felt a sense of satisfaction when I opened the book and the double spread pages were cluttered with appointments and to-do lists!

Little did I know that I was nurturing a destructive habit; one that invaded my pattern of thinking to the point that over commitment became my norm. Rushing, achieving, doing, always busy—until I would hit the brick wall. Then I would collapse for a brief time, feeling guilty about not keeping up with the demands. And start all over!

I not only remember the first date book I ever owned, I also recall the first time I read a daily meditation about time management that truly got my attention. It was written by Barbara Crafton, an Episcopal priest in New York City who was a parish priest, a published writer, a spiritual director, a public speaker, the coordinator of a soup kitchen, the director of dramas—a busy person! Barbara wrote about hitting the brick wall when she would become overloaded with tasks and responsibilities. Barbara elaborated on how she had to discipline herself to keep blocks of time on her date book blank; days without appointments and schedules and things to do. Sabbath had to be honored just like all the other obligations and duties in her life. Rest was not optional and it was not wasted time—it was essential to the rhythm of life.

Barbara was honest. She admitted her good intentions for well-balanced time management would fall by the way-side when she would begin to make exceptions to her decision to keep some dates free of work. She would fool herself into thinking that she could just get one work related task accomplished and then she would stop. But in reality, one task always led to another and another and another until she was back to over commitment once more.

Barbara Crafton and I have plenty in common. Her story reflects mine. I know the value of well-balanced time management. I know the benefits of practicing a rhythm of rest and work, but I too let my good intentions fall through the cracks and get lost until I am once more over my head with too much to do and not enough time to do it.

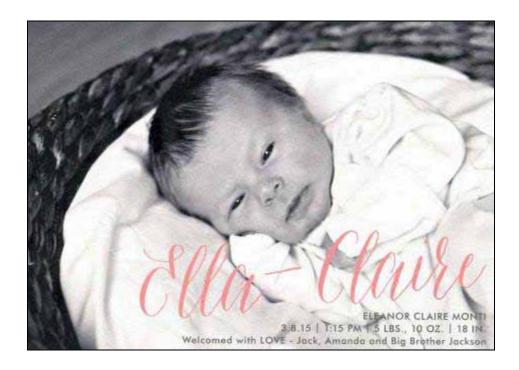
Two years ago, at Clergy Conference, I met with the visiting chaplain who told me that he too made retreats with the Brothers of Saint John the Evangelist. He said he had made annual retreats for a number of years when it occurred to him that once a year was not enough. It was his suggestion that motivated me to plan to make a retreat every six months instead of once a year.

I just returned from my semi-annual retreat. It was the fourth time that I have followed this new time schedule. I arrived at the monastery exhausted from attempting to get too much done in an unrealistic time frame (my normal routine). And for the fourth time I wondered how I ever limited myself to once a year. The time at the monastery is not vacation—it is time for refreshment and reflection. It is time to live in an environment of stillness and quiet. It is time to slowly allow anxiety to dissipate and be open God's healing power of silence.

I've returned home filled with good intentions to do better this time. But how? With God's help! The psalmist says: "My enemies are always before me." My enemies are always before me too— just to name a few: procrastination and my desire for perfection, over planning and frustration, reviewing the past and planning the future. God let me in on the solution while I was in retreat. Don't leave the stillness and silence at the monastery. Bring it home. Let it sustain and nurture. Don't try to do it all. Trust—trust God and trust others to help.

In Peace Billie+

Celebrating New Life - Eleanor Claire Monti



Sisters Are A Blessing



Schedule of Events

Weekly Activities & Services

Church Office Hours

Monday-Wednesday: 9:00 AM-4:00 PM

Sunday

Eucharist, 8:30 & 11:00 AM

Adult Sunday School, 10:00 AM

Choir Practice, Nave, 10:00 AM

Children's Chapel during the 11:00 AM Eucharist

Tuesday

Create & Carry, Home of Penny Freund & Linda Wall, 6:00 – 8:00 PM

Wednesday

12 Steps to Spiritual Wholeness Meeting, 7:00 AM

Centering Prayer Support Group, 8:30 AM

Healing Service & Eucharist, 6:00 PM

Choir Practice following the Healing Service

Thursday

Cursillo Grouping, Noon

Centering Prayer Support Group, 4:00

Bible & More Discussion Group, Parish House, 6:00–8:00 PM

Events in May

Wednesday, May 6—Quiet Day, 7:00 AM – 7:00 PM

Come In, Light a Candle, Say a Prayer, Be Still, Leave in Peace

Saturday, May, 9—ECW Meeting, Parish House, 9:30 AM

Sunday, May 10—Mother's Day Reception in the Parish House, between the 8:30 & 11:00 AM Eucharist and after the 11:00 AM Eucharist

PLEASE NOTE: NO Second Sunday at Saint Mary's Bolton

Thursday, May 14—Sunday, May 17—Cursillo, Gray Conference Center

Sunday, May, 17—Children's Sunday, 11:00 AM Eucharist

Tuesday, May 19—Vestry Meeting, Parish House, 5:15 PM

Sunday, May 24—Feast of Pentecost, Wear Red!!!

May Birthdays

- 1 Jay Sciro
- 2 Scott Burr Robin Toups
- 4 Christopher Price
- 5 Tanner Kitchens
- 8 Conner Ferguson
- 9 Lindsay Bailey
- 10 Grant Toups
- 16 Matthew Guynes

- 17 Carey Price
- 18 Lillie Lovette John Tompkins
- 19 Dan CarletonAmanda Rose Price
- 22 Billie Abraham
- 24 Dalton Glatt
- 27 Jim Dooley Ben Porter

May Anniversaries

18 Carey & Amanda Price

22 Buddy & Jane Hanks

29 Richard. & Susan Price

Prayers for the People

For those Sick or in Need:

Betty Biedenharn
Alice Pronger
Bertha Kolb
Bill Curtis
Linda & Jim Dooley
Glenda Ferguson
Jerry & Kay McWilliams
Terry Brantley
Mary Stokes
Jim Dantin
Karen Sanders
Walker Biedenharn
Angelo

Dalton Glatt
Cheryl Lloyd
Lucas Guynes
Parker Ramsay
Barbara Ramsay
Frances Kaufman
Richard Stone
Aurthur Bridges
Jimmy Bright
Ann Hanks
Joel and Colby
Gene Allen

Rachelle Ferris
Lawrence Fields
Jim & Sherry Horan
Sid & Janet Champion
Jackson Monti
Mary Ruth Jones
Annette Roberts
Afton Wallace
Oscar Jones
George Mayer
Margo Massey
Randy Matthews

Liturgical Schedule—Sundays in May

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	May 3	May 10	May 17	May 24	May 31
	Fifth Sunday of Easter	Sixth Sunday of Easter	The Ascension of the Lord	Day of Pentecost Whitsunday	First Sunday after Pentecost
First Reading Psalm	Acts 8:26-40 Psalm 22:24-30	Acts 10:44-48 Psalm 98	Acts 1:1-11 Psalm 47	Acts 2:1-21 Psalm 104: 25-35,	Isaiah 6:1-8 Psalm 29
Second Reading Gospel	1 John 4:7-21 John 15:1-8	1 John 5:1-6 John 15:9-17	Ephesians 1:15-23 Luke 24:44-53	37 Romans 8:22-27 John 15:26-27; 16:4b-15	Romans 8:12-17 John 3:1-17
Lay Worship Leader		Mother's Day	Children's Sunday		
8:30 a.m. 11:00 a.m. Master of Ceremonies Crucifer & Acolyte	Tommy Skinner Harvey Smith Beth Guynes Beth Guynes	Ann Tompkins Theo Williams Jennifer Normand Jennifer Normand	Harvey Smith Betsy Selby Betsy Selby Sunny Faith	Theo Williams David Pruett Deacon Josie Koury Collins	Betsy Selby Richard Price Susan Price Susan Price
Banner Bearer Torch Bearers			Heavenleigh Beth Guynes Lawson Selby Gloria Hall Sam Hall		
Holy Spirit Kite				Peter Williams	
Gospel Bearer	Deacon Josie	Deacon Josie Peter Williams	Betty RushingGabby	Deacon Josie	Deacon Josie
Lector The Lord's Prayer	Herb Jones	Canada Stewart	Heavenleigh Peter Williams	Ed Shelnut	Sharon Hanks
Prayers of People	David Pruett	Sharon Hanks	Beth Guynes	Theo Williams	Harvey Smith
Oblation Bearers	Janice Herrington Betty Rushing	Margaret Stewart Canada Stewart	Gloria Hall Sam Hall	Jess Gates Kelsey Artman	Linda Gerache Joey Gerache
Ushers & Greeters	Rymn Parsons Joan Parsons	David Normand Lance Stewart	Josh Artman Jonah Artman	Allan Leese Richard Massey	Sara Porter Dalton Thames
Altar Guild	Cassandra Price Beth Guynes	Sharon Hanks Betty Rushing	Mary Ann Wright Margo Massey	Ann Tompkins Beth Sojourner	Kerri Williams Judy Morrissey
Eucharistic Minister Coffee Host	Herb Jones Margie Scott Richard & Margo	Mother's Day Reception	Betsy Selby Ann Jones	Ed Shelnut Susan Price Herb & Mary Ruth	Susan Price Bonnie Pruett Betty Rushing Butch Mitchell
Children's Chapel	Marci Turner Betsy Selby	Marci Turner Jess Gates	No Children's Chapel	Marci Turner Jennifer Normand	Marci Turner Ann Tompkins
Offertory Counters	Sharon Hanks John Bonar Janice Herrington	Theo Williams John Bonar Ann Tompkins	Herb Jones John Bonar Ann Tompkins	Kelsey Artman John Bonar Ann Tompkins	Charlie Brantley John Bonar Ann Tompkins
	May 6	May 13	May 20	May 27	
Wednesday Healing	Tommy Skinner	Ann Tompkins	Harvey Smith	Theo Williams	